

CO-OP SALES FLYER

April 16 - 29, 2025

Co-op West Main



908 West Main

Produce



Strawberries

Organic

16oz

Regular Price: \$6.99/lb

30% off



Asparagus

Organic

Regular Price: \$5.99/lb

20% off

Meat & Seafood



Co-op Burger Patties

Cheddar/jalapeno, bacon/blue, plain
Regular Price: \$2.99/seasoned, \$2.49/plain

\$.50 off/ea



Spinach and Feta Salmon Burger

Orca Bay

Regular price - \$5.99/2 4oz patties

15% off

Groceries



Liquid IV Electrolyte Drink Mix

10 count (select varieties)

Regular Price:

Buy One Get One Free

BO-GO



Giovanni Shampoos and Conditioners

8.5oz (select varieties)

Regular Price:

Buy One Get One Free

BO-GO



Pop & Bottle Instant Cold Brew

11oz (select varieties)

Regular Price: \$4.51

Sale - 3 for \$10

Member Price - 3 for \$9

ORGANIC



Alexia Foods Frozen Veggies

15oz (select varieties)

Regular Price: \$6.81

Sale - \$4.99

Member Price - \$4.49

ORGANIC



Epic Meat Snack Strips

0.8oz (select varieties)

Regular Price: \$2.34

Sale - 2 for \$3

Member Price - 2 for \$2.70



Chocolove Chocolate Bars

3.2oz (select varieties)

Regular Price: \$4.60

Sale - 2 for \$6

Member Price - 2 for \$5.40



Bellwether Farms Sheep Milk Yogurt Plain

16oz (select varieties)

Regular Price: \$7.23

Sale - \$4.99

Member Price - \$4.49



Cascadian Farm Frozen Fruits & Veggies

10oz (select varieties)

Regular Price: \$4.29

Sale - 2 for \$6

Member Price - 2 for \$5.40

ORGANIC



Just Ice Tea Organic Ice Tea

16oz (select varieties)

Regular Price: \$2.99

Sale - 2 for \$4

Member Price - 2 for \$3.60

ORGANIC



Wildwood High Protein Super Firm Tofu

16oz (select varieties)

Regular Price: \$4.63

Sale - \$3.49

Member Price - \$3.14

ORGANIC



Woodstock Frozen Veggies

10oz (select varieties)

Regular Price: \$3.99

Sale - \$2.69

Member Price - \$2.42

ORGANIC



Jovial Gluten-Free Pasta

12oz (select varieties)

Regular Price: \$5.10

Sale - 2 for \$7

Member Price - 2 for \$6.30

ORGANIC



Riot Energy Organic Energy Drinks

16oz (select varieties)

Regular Price: \$2.99

Sale - 2 for \$4

Member Price - 2 for \$3.60

ORGANIC



Cascadian Farm Cereal & Granola

9.2oz (select varieties)

Regular Price: \$5.79

Sale - 2 for \$8

Member Price - 2 for \$7.20

ORGANIC



Rao's Uncured Pepperoni Pizza

18.3oz (select varieties)

Regular Price: \$12.99

Sale - \$9.99

Member Price - \$8.99

Featured Product



Vive Organic Wellness Shots

2oz (select varieties)

Regular Price: \$3.80

Sale - 2 for \$6

Member Price - 2 for \$5.40